













# Gastrointestinal stromal tumors: advances in molecular characterization and therapeutic implications

## Tumores estromais gastrointestinais: avanços na caracterização molecular e implicações terapêuticas

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### ABSTRACT

Recognition of the molecular basis of gastrointestinal stromal tumors has paved the way for significant breakthroughs in the diagnosis and treatment of this disease as well as positioned gastrointestinal stromal tumors as a framework for the concept of precision oncology in solid tumors. The incorporation of novel targeted agents for molecularly defined subgroups has led to significant improvements in treatment outcomes; however, the characterization of heterogeneous KIT or PDGFRA mutations and the emergence of resistance mechanisms highlight the need for a broader use of comprehensive molecular profiling and emphasize the importance of molecularly driven adaptive treatment strategies. Such a molecular background is critical for developing personalized and effective interventions and optimizing outcomes. The present review summarizes key studies that provide the basis for standard-of-care management options as well as provides molecular insights into the management of gastrointestinal stromal tumors, with an emphasis on recent advances.

**Keywords:** Gastrointestinal Stromal Tumors; Sarcoma; Tyrosine Kinase Inhibitors; Proto-oncogene proteins c-kit; Platelet-Derived Growth Factor.

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## RESUMO

O reconhecimento da base molecular dos tumores estromais gastrointestinais abriu caminho para avanços significativos no diagnóstico e tratamento desta doença, bem como posicionou os tumores estromais gastrointestinais como uma estrutura para o conceito de oncologia de precisão em tumores sólidos. A incorporação de novos agentes direcionados para subgrupos definidos molecularmente levou a melhorias significativas nos resultados do tratamento; no entanto, a caracterização de mutações heterogêneas no KIT ou PDGFRA e o surgimento de mecanismos de resistência destacam a necessidade de um uso mais amplo de perfis moleculares abrangentes e enfatizam a importância de estratégias de tratamento adaptativas orientadas molecularmente. Esse contexto molecular é fundamental para o desenvolvimento de intervenções personalizadas e eficazes e para a otimização dos resultados. A presente revisão resume os principais estudos que fornecem a base para opções de tratamento padrão, bem como fornece *insights* moleculares sobre o tratamento de tumores estromais gastrointestinais, com ênfase nos avanços recentes.

**Descritores:** Tumores Estromais Gastrointestinais; Sarcoma; Inibidores de Tirosina Quinase; Proteínas proto-oncogênicas c-kit; Factor de crescimento derivado de plaquetas.

## INTRODUCTION

Gastrointestinal stromal tumors (GISTs) are a group of mesenchymal malignancies that represent the most common gastrointestinal sarcomas. Interstitial cells of Cajal, which act as pacemakers to regulate intestinal motility, are thought to be the origin of GISTs.<sup>(1,2)</sup> The term GIST, coined by Mazur and Clark in 1983, was derived from the analysis of 28 tumors originally classified as leiomyomas or leiomyosarcomas of the gastric wall. These tumors exhibited characteristics of smooth muscle and neural cells, thereby suggesting a mesenchymal or perineural origin. This discovery clarified the classification of previously equivocal cases and has contributed to the increased diagnosis of GISTs since then.<sup>(3)</sup>

The incidence of GIST is approximately 10-15 cases per million people worldwide, with a median age at diagnosis of 66-69 years and a similar distribution between men and women.<sup>(1)</sup> Between 2001 and 2015, an increase in incidence has been observed, attributed to endoscopy-related incidental findings and improvements in diagnostic criteria through broad molecular characterization based on new diagnostic methods.<sup>(4)</sup> Although often asymptomatic, large tumors may cause abdominal discomfort, palpable mass, intestinal obstruction, or findings consistent with gastrointestinal bleeding.<sup>(2)</sup>

GISTs most commonly arise in the stomach (55.6%), followed by the small intestine (31.8%), colon/rectum (6.0%), other abdominal sites (5.5%) (so-called extra-gastrointestinal GIST/E-GIST), and the esophagus (0.7%). Approximately 20% of cases are metastatic at the time of diagnosis, with the liver and peritoneal cavity being the most common sites.<sup>(5)</sup>

Historically characterized as a chemoresistant entity potentially curable only by surgery, GISTs have evolved into a framework for the concept of precision oncology. The characterization of activating mutations in the potentially actionable oncogene KIT in 1998 has paved the way for major diagnostic and therapeutic breakthroughs in this disease, first by using imatinib in 2001, and currently with a growing number of treatment options.<sup>(6,7)</sup>

This review will thoroughly discuss the molecular aspects of GISTs and how they translate into clinical practice. Bibliographic searches were conducted on MEDLINE by using PUBMED as the query interface. No language restrictions were applied.

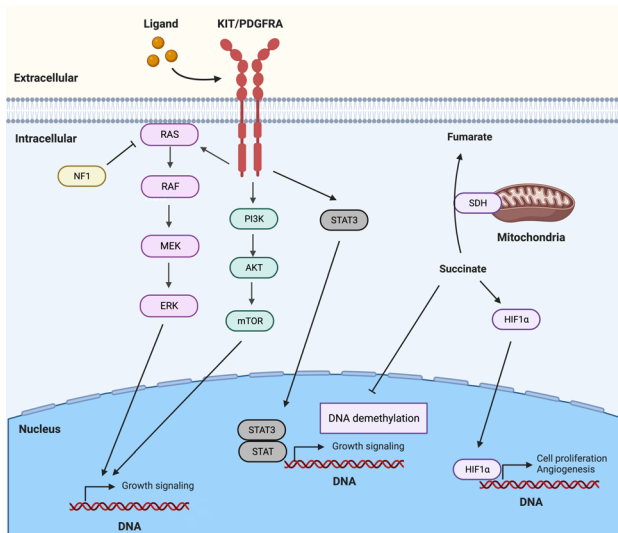
### Histopathologic and molecular subtypes of GIST

Histologic variants of GIST include spindle cell (60% of cases), epithelioid (30%), and mixed subtypes (10%).<sup>(8)</sup> Immunohistochemical staining is essential for the accurate diagnosis of GIST and may aid in the classification and prognosis.<sup>(9)</sup> Markers commonly expressed on tumor cells include CD117 (expressed in 80-95% of the cases), CD34 (70%), DOG-1 (expressed by nonmutated KIT and PDGFRA, including 50% of cases in CD117-negative tumors), smooth muscle actin (30-40%), and occasionally S100 protein and desmin.<sup>(8,10,11)</sup> CD117 and DOG-1, when expressed, have high sensitivity and specificity for diagnosing the spindle cell subtype of GIST, whereas approximately 82% of epithelioid GISTs do not express the CD117 marker. The expression of CD34 varies according to the anatomical location, with higher expression of tumors in the esophagus (95-100%), stomach (80-88%), and generally in spindle cell morphology. Negative expression of CD34 (30%) may be associated with more aggressive cases,

particularly in the epithelioid subtype, and SMA, which is more commonly expressed in GISTs arising in the stomach and small intestine.<sup>(11)</sup>

Potential differential diagnoses for GIST include leiomyoma, leiomyosarcoma, schwannoma, peripheral nerve sheath tumor, solitary fibrous tumor, synovial sarcoma, and sarcomatoid carcinoma.<sup>(12)</sup> Epithelioid GISTs must be differentiated from epithelioid leiomyomas, neuroendocrine tumors (positive for CK, chromogranin A and synaptophysin), mesotheliomas (positive for CK5/6, EMA, D2-40, WT1, and calretinin and negative for CD117), and metastatic melanomas (positive for CD117 in 30-50% of cases as well as for Melan-A, HMB45, SOX10 and S-100).<sup>(13)</sup>

The discovery of oncogenic drivers in GIST has led to a better understanding of the disease and has allowed the development of targeted therapeutic agents. It was not until 1998 that activating mutations in KIT were recognized as a key mechanism in tumor pathogenesis.<sup>(7)</sup> In approximately 75-80% of cases, mutations in the KIT gene are the most commonly observed gain-of-function alterations in GIST. This alteration leads to the constitutive activation of the KIT protein (CD117) and uncontrolled cell proliferation. The normal function of this protein is involved in the development of hematopoiesis, the proliferation and migration of germ cells during embryogenesis, and the regulation of interstitial cells of Cajal (Figure 1).<sup>(14)</sup>

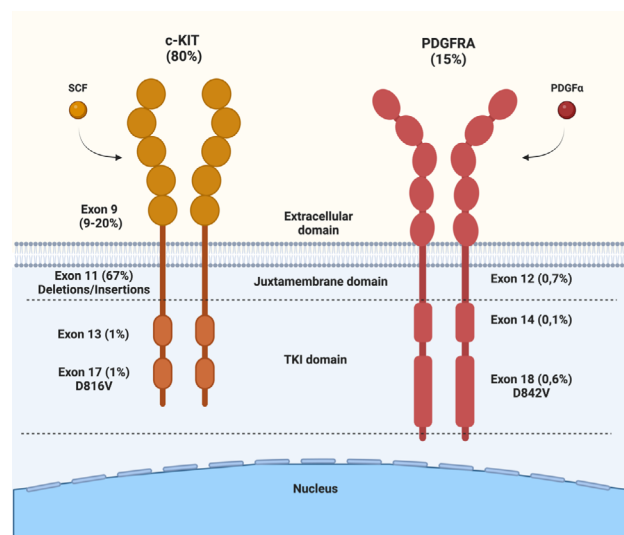


**Figure 1.** Key signaling pathways involved in GIST pathogenesis. Most GISTs are characterized by gain-of-function mutations in KIT or PDGFRA, resulting in the activation of downstream signaling cascades such as the MAPK, PI3K, and STAT3 pathways. In addition, SDH deficiency contributes to GIST development by activating HIF1 $\alpha$  and inhibiting DNA demethylation.

In approximately 10-15% of cases, mutations are found in a specific tyrosine kinase (TK) domain, the platelet-derived growth factor receptor alpha (PDGFRA). These alterations are more common

in gastric tumors (particularly in exon 18 D842V) and are generally associated with lower risk of metastasis than KIT-mutated neoplasms, with only 2% of advanced GISTs harboring PDGFRA mutations. Taken together, KIT and PDGFRA mutations account for approximately 85-90% of GISTs cases and are considered mutually exclusive.<sup>(15)</sup>

KIT and PDGF receptors share structural similarities that allow their function to be understood by analogy (Figure 2). Extracellular domains are responsible for ligand recognition, receptor dimerization, and subsequent activation of their intracellular machinery. The juxtamembrane domain has an autoinhibitory function, stabilizing the receptor in a quiescent, self-inhibited state. The tyrosine kinase activity domains are responsible for the actual action by phosphorylating intermediates in the signal transduction cascade. Mutations in these genes do not occur randomly but in well-recognized "hotspot" areas that encode specific elements of the receptors. In KIT-positive disease, most cases involve gain-of-function mutations in exons 11 and 9. Exon 11 region, located in the juxtamembrane intracellular domain, has an autoinhibitory function that stabilizes the conformation of the inhibited kinase and prevents the activation loop from receiving the ATP molecule. Exon 11 region is the most frequently mutated (two-thirds of GIST cases) and is susceptible to deletions and insertions leading to kinase dysregulation and activation.<sup>(15,16)</sup> Deletion of exon 11, particularly involving codons 557 and 558, is associated with a worse prognosis.<sup>(17)</sup>



**Figure 2.** Activating mutations in the KIT and PDGFRA domains.

When mutated, exon 9 (8-10%) in the extracellular binding site leads to ligand-independent receptor dimerization. These mutations are more commonly associated with intestinal tumors. Exons 13 and 17, located in the ATP-binding domain and activation loop, respectively, induce a conformational change to accommodate ATP binding and activate the

kinase domain through phosphorylation of its substrates, mediating various pathways such as MAPK and mTOR. When mutated (rare), they allow for disordered ATP binding.<sup>(16)</sup>

GISTs with PDGFR-driven mutations are more common in the stomach, with a more indolent disease profile and lower rates of distant metastasis compared to KIT-mutant GISTs.<sup>(18)</sup> Mutations in this gene are more commonly distributed downstream in the pathway, particularly in exon 18, which is responsible for the activation loop and is traditionally classified into D842V (62%) or non-D842V (28%) PDGFR-mutated tumors.<sup>(15)</sup> Less commonly, other mutations can be found in the juxtamembrane domain (exon 12, V561D [about 10%]) and ATP-binding domains (exon 14, N659K).<sup>(16)</sup>

Approximately 10-15% of GISTs that are wild type (wt) for KIT and PDGFRA further divide based on the status of the succinate dehydrogenase (SDH) complex.<sup>(19)</sup> SDH is a heterotetrameric protein composed of four subunits (A, B, C, and D) located in the mitochondrial matrix and anchored to the inner mitochondrial membrane. This complex can promote the oxidation of succinate in the Krebs cycle to convert succinate into fumarate.<sup>(20)</sup> Once SDH is defective or deficient, there is an accumulation of succinate, a signaling metabolite involved in cancer development through DNA hypermethylation, as well as an accumulation of hypoxia-inducible factor 1 $\alpha$  (HIF1 $\alpha$ ) and genes expressing vascular endothelial growth factor receptor (VEGFR) and insulin growth factor 1 receptor (IGF1R).<sup>(20,21)</sup>

SDH deficiency is the most common subtype of KIT and PDGFRA wild-type tumors. Mutations in genes encoding SDH subunits or epigenetic suppression of SDH expression are different mechanisms that can cause SDH deficiency. These SDH-deficient GISTs are more common in children and young adults and generally present with a phenotype of multinodular gastric lesions, lymphovascular invasion, and liver and lymph node metastases. However, despite the conventional risk scheme stratification, they tend to exhibit a more indolent disease profile. Furthermore, this protein deficiency is associated with some genetic predisposition syndromes, most notably Carney-Stratakis syndrome.<sup>(22,23)</sup>

Conversely, SDH-proficient GISTs represent a population with various actionable drivers, including mutations in NF1, RAS, BRAF, and PIK3CA genes as well as fusions in NTRK and fibroblast growth factor receptor (FGFR) genes (Table 1).<sup>(9,24-27)</sup> Finally, the spectrum of neurofibromatosis type I disease includes GISTs that are resistant to various TKIs (tyrosine kinase inhibitor) due to germline alterations in the NF1 gene. In these cases, KIT and PDGFRA mutations are rare events. Instead, activation of the Ras-MAPK pathway associated with the inactivation of the NF1 gene appears to play a significant role

in the cell proliferation of NF-1-associated GISTs. Additionally, loss of heterozygosity (LOH) at 14q and 22q contributes to the relatively early phase of tumorigenesis of NF-1 GISTs.<sup>(27)</sup>

**Table 1.** Molecular classifications of GISTs.

| Genetic type           | Relative frequency (%) | Anatomical site             |
|------------------------|------------------------|-----------------------------|
| <b>KIT mutation</b>    |                        |                             |
| KIT mutation           | 80-85                  |                             |
| Exon 9                 | 10                     | Small intestine, colon      |
| Exon 11                | 67                     | All sites                   |
| Exon 13                | 1                      | All sites                   |
| Exon 17                | 1                      | All sites                   |
| <b>PDGFRA mutation</b> |                        |                             |
| Exon 12                | 1                      | All sites                   |
| Exon 14                | <1                     | Stomach                     |
| Exon 18 D842V          | 5                      | Stomach, mesentery, omentum |
| Exon 18 other          | 1                      | All sites                   |
| Exon 17                | 1                      | All sites                   |
| <b>Wild type</b>       |                        |                             |
| 12-15                  |                        |                             |
| BRAF V600E             | 7-15                   | Small intestine, stomach    |
| SDHA, SDHB, SDHC, SDHB | 2                      | Small intestine, stomach    |
| Carney triad           | Rare                   | Stomach                     |
| NF1                    | Rare                   | Small intestine             |
| NTRK fusion            | Rare                   | Small intestine, rectum     |

Abbreviations: PDGFRA = Platelet-derived growth factor receptor; GIST = Gastrointestinal stromal tumor; NF 1 = Neurofibromatosis type 1; SDH = Succinate dehydrogenase.

### Natural history and prognosis of GIST

Surgical resection remains the cornerstone of the treatment for localized GIST, and complete resection can be achieved in approximately 86% of patients with primary tumors. Unfortunately, at least 40% of these patients will develop relapse within approximately 2 years of follow-up postsurgical treatment, except for small tumors (usually less than 1 cm) that are found incidentally. The main sites of relapse are the liver and peritoneum, which add to the morbidity of the patient. Selection of patients who may benefit from

postoperative treatment depends on determining the risk of GIST relapse after curative resection. However, the rarity of this entity and its relatively recent molecular characterization hamper this process.<sup>(28)</sup> The most used tool for determining the prognosis of GIST was the 2001 National Institutes of Health (NIH) consensus, which included tumor size and mitotic count as predictors of relapse.<sup>(29)</sup> Since the first publication of this consensus, new prognostic factors have been proposed for better risk stratification, such as the primary tumor location and tumor rupture during resection, which are substantial prognostic factors. Initial presentation with symptoms, epithelioid histologic subtype, high cellularity, tumor ulceration, mucosal invasion, clear margins, and molecular status are other parameters proposed as prognostic factors.<sup>(17)</sup>

In 2008, an updated risk stratification system based on the 2001 NIH consensus was published by Joensuu et al., which has also been relevant in refining the selection of patients for adjuvant systemic treatments according to an improved risk stratification. This classification includes tumor size, mitotic activity (in an 5mm<sup>2</sup> area, generally equivalent to 50 high-power fields in older microscopes), and primary site (Table 2).<sup>(30)</sup> Additional tools designed to identify patients at high risk of relapse and to determine cases in which adjuvant treatment is a valid option have been incorporated over the years, including validated nomograms using databases from the Memorial Sloan Kettering Cancer Center (MSKCC), the Spanish National Registry, and the Mayo Clinic that can accurately estimate the probability of a disease-free outcome after resection of localized primary GIST.<sup>(31)</sup>

While the molecular aspects of GISTs are not currently included in the stratification tools, their prognostic value is well established and was demonstrated in a study that analyzed a series of 451 untreated primary localized GISTs for KIT, PDGFRA, and BRAF mutations, revealing that the mutational

status is a significant prognostic indicator of overall survival (OS). In this study, KIT-mutated group had a worse outcome than the PDGFRA-mutated and triple negative GISTs (KIT, PDGFRA and BRAF) ones. Therefore, the inclusion of molecular data and risk stratification criteria may help improve decision making, especially in the adjuvant setting.<sup>(32)</sup>

### Initial diagnosis and surgical management of GIST

Endoscopic biopsy may be performed if GIST is suspected. However, diagnostic biopsy is unnecessary when there are clear indications for immediate surgical resection, such as lesions larger than 2-5 cm or exhibiting suspicious radiological findings (e.g., irregular margins, heterogeneous lesions, ulceration, echogenic foci, and cystic degeneration), regardless of size. Furthermore, percutaneous biopsy approaches should be avoided due to the risk of capsule rupture, which is associated with an increased risk of relapse and dissemination.<sup>(33)</sup>

Typically, esophageal or gastric lesions less than 2 cm are very low risk; in this setting, an active surveillance strategy should be discussed. Although there is no precise optimal schedule for the frequency of this surveillance, most guidelines recommend an initial short-term surveillance within six months and annual surveillance thereafter. Surgical excision can be deferred if the patient becomes symptomatic or if tumor growth is confirmed.<sup>(34)</sup> Surgical excision with no lymph node dissection is the gold standard approach for GISTs larger than 2 cm. Surgery should always be performed according to standard principles of oncologic surgery, en-bloc resection is recommended in cases of adjacent organ involvement.<sup>(33)</sup> To avoid tumor rupture, lesions larger than 5 cm usually benefit from open surgery rather than laparoscopy.<sup>(34)</sup> Similar to laparoscopic surgery, robust data demonstrating the superiority of robotic surgery are scarce in the literature. Although some case series suggest the potential use of robotic surgery in more challenging cases (tumors

**Table 2.** Risk assessment of GIST.<sup>(30)</sup>

| Risk category     | Size ( cm) | Mitotic rate (per 50 HPF) | Primary tumor site |
|-------------------|------------|---------------------------|--------------------|
| Very low risk     | <2         | ≤5                        | Any site           |
| Low risk          | 2.1-5      | ≤5                        | Any site           |
| Intermediate risk | 2.1-5      | >5                        | Stomach            |
|                   | 5.1-10     | ≤5                        | Stomach            |
| High              | Any        | Any                       | Tumor rupture      |
|                   | >10        | Any                       | Any                |
|                   | Any        | >10                       | Any                |
|                   | >5         | >5                        | Any                |
|                   | 2.1-5      | >5                        | Nongastric         |
|                   | 5.1-10     | ≤5                        | Nongastric         |

Abbreviations: GIST = Gastrointestinal stromal tumor; HPF = High power field.

larger than 5 cm or in hard-to-reach locations), further multicentric, randomized studies are needed to clarify the safety and efficacy of this method.<sup>(35)</sup>

If a resection with microscopic margins cannot be achieved initially, clinicians may consider neoadjuvant therapy with imatinib after multidisciplinary discussion. However, the exact duration of this treatment remains to be determined.<sup>(28,36,37)</sup> In the metastatic scenario, surgery may still be considered in select situations, but has a questionable role in the setting of multifocal progression.<sup>(38)</sup>

### Adjuvant treatment for GISTs

Since approximately 50% of patients who undergo surgery experience disease relapse, the use of imatinib (a specific inhibitor of KIT protein, PDGFRA, and ABL) as an adjuvant treatment has been investigated to improve the prognosis of high-risk patients after curative surgery.<sup>(28,39)</sup>

In the double-blind, controlled Z9001 trial, 713 patients with GISTs measuring 3 cm or more within 70 days of total or partial resection were randomized to receive adjuvant imatinib 400 mg daily or placebo for one year. The estimated 1-year relapse-free survival (RFS) rate was 98% vs. 83% for the imatinib and placebo groups, respectively (hazard ratio [HR] = 0.35; 95%CI = 0.22 to 0.53;  $p < 0.0001$ ). However, no improvement in OS was demonstrated, which may be attributed to a favorable response to imatinib after crossover in the control group and possibly suboptimal patient selection, as the inclusion criteria were based solely on tumor size. Features significantly associated with a shorter RFS included a tumor size greater than 10 cm, small intestine location, and high mitotic rate ( $\geq 10$  per 11.87mm<sup>2</sup>). In addition, the analysis showed no statistically significant association between RFS and the presence of KIT exon 9 mutation, KIT exon 11 deletion, or PDGFRA mutation.<sup>(40)</sup> Up-to-date results with a follow-up interval of six years continued to support the evidence of the benefit of adjuvant imatinib (HR = 0.6; 95%CI = 0.43 to 0.75;  $p < 0.001$ ), particularly in patients with large tumor size ( $p < 0.001$ ) and more than 10 mitoses (HR = 7.81; 95%CI = 4.42 to 13.83). However, researchers noted an increase in the rate of relapse after discontinuing imatinib at one year, which supports the idea of extending the duration of treatment to maintain the benefit over a longer period.<sup>(41)</sup>

The multicenter phase III EORTC-62024 trial randomized 908 patients who had undergone total or partial resection of localized GISTs with positive immunostaining for KIT to receive two years of adjuvant therapy with imatinib or observation. The secondary endpoint of RFS rate at five years was 70% in the imatinib group vs. 63% in the observation group and 63% vs. 61% at ten years (HR = 0.71, 95%CI = 0.57 to 0.89,  $p = 0.002$ ), respectively. However, the primary endpoint of 10-year imatinib failure-free survival (IFFS) was 75% vs. 74% and did not reach

statistical significance (HR = 0.87, 95%CI = 0.65 to 1.15,  $p = 0.31$ ) regardless of risk according to 2022 NIH classification (tumor size  $> 5$  cm and mitotic index  $> 5/50$  HPFs). A weakness of this study was the high proportion of patients with intermediate, low, and very low risk (42%), which resulted in numerous protocol and primary endpoint adjustments (change from OS to IFFS) to maintain statistical power in high risk patients, and outcome data based on mutation status were not provided.<sup>(42-44)</sup>

The current standard of care for adjuvant treatment of GIST was determined by the Scandinavian Sarcoma Group (SSG) XVIII/AIO phase III trial.<sup>(45,46)</sup> In this pivotal study, 397 patients with KIT-positive GIST and a high risk of relapse according to the modified NIH criteria (Table 2) were randomized to receive adjuvant imatinib for three years versus one year after complete tumor resection. Initial data revealed a significant impact on the primary outcome of RFS in the three-year arm compared to the one-year arm (5-year RFS, 65.6% vs. 47.9%, respectively; HR = 0.46; 95%CI = 0.32 to 0.65;  $p < 0.001$ ); OS was also improved in the extended-duration arm (5-year OS: 92.0% vs. 81.7%; HR = 0.45; 95%CI = 0.22 to 0.89;  $p = 0.02$ ). While patients with KIT exon 11 mutations had a clear benefit in RFS, those with GISTs harboring mutations in KIT exon 9 or PDGFR or with no identified mutations did not. However, the non-exon 11 population was underrepresented in the study.<sup>(45)</sup> The benefit in favor of 3 years of imatinib was supported by the 10-year follow-up analysis, which demonstrated a sustained 34% improvement in RFS as compared to the control group (10-year RFS, 52.5% vs. 41.8%, respectively; HR = 0.66; 95%CI = 0.49 to 0.87;  $p = 0.003$ ). Of note, the OS gain was also maintained with longer follow-up (10-year OS, 79% vs. 65.3%, respectively; HR = 0.55; 95%CI = 0.37 to 0.83;  $p = 0.004$ ). Adverse events, including cardiac events, were similarly distributed between the arms, with 5.1% of patients in the intervention arm and 6.2% in the control arm. An unplanned exploratory analysis examined OS after relapse and subsequent discontinuation of imatinib use. Out of the 175 patients who had had a relapse during follow-up, there was no significant difference in OS between those treated with the drug for 3 years and those treated for 1 year (median survival = 6.4 vs. 6.7 months, respectively; HR = 1.00; 95%CI = 0.62 to 1.61;  $p > 0.99$ ). The evaluation of RFS in prespecified subgroups, highlighting those patients with tumors equal to or less than 10 cm, mitotic count greater than 10 per 50 HPF, KIT exon 11 (deletions of codon 557 or 558), without tumor spillage prior to surgery, and those older than 65 years, showed a suggestively better clinical benefit with three years of treatment. Based on these unequivocal results, a 3-year adjuvant therapy is considered the current standard regimen for patients at high risk of relapse (according to the NIH classification).<sup>(46)</sup> For patients at intermediate risk of relapse, the recommendation for a 3-years imatinib therapy should be personalized,

with genomic assessment potentially contributing to therapeutic decision-making.<sup>(47)</sup>

The extension of adjuvant imatinib beyond 3 years was investigated in the single-arm, phase II PERSIST-5 study. It included 91 patients from 21 centers who were treated with imatinib 400 mg once daily for five years or until disease progression or the occurrence of limiting toxicity. The estimated 5-year RFS was 90% (95%CI = 80 to 95%), and the 5-year OS was 95% (95%CI = 86% to 99%). However, only 51% of patients completed five years of imatinib therapy as per the protocol. After molecular analysis, none of the patients with imatinib-sensitive mutations experienced a relapse over five years. In addition to being an uncontrolled, phase II study, other significant limitations include the number of patients with intermediate risk of relapse (26%) and the inclusion of patients with mutations potentially resistant to imatinib, such as PDGFR D842V, RAF, PI3K, NF1 mutants or with SDH deficiency. Therefore, there are still insufficient robust trials to justify standardizing this approach in the adjuvant setting. Randomized, phase III studies with well-defined selection criteria are expected to provide insight into the impact of extended therapy beyond 3 years of duration (NCT 02413736 and NCT02260505).<sup>(48-50)</sup>

In contrast to the advanced scenario, in the adjuvant setting, the use of imatinib at 800 mg daily did not result in improved outcomes in a retrospective series of 185 surgically resected GIST patients with exon 9 mutations (Table S1).<sup>(51)</sup> Similarly, the use of imatinib in non-KIT-mutated GISTs has yielded discouraging results based on subgroup analyses from major studies, which shows the importance of a routine use of molecular analysis in GIST. Positive data of new TKIs in this population in the advanced setting bring the expectation of novel therapeutic options.

### Neoadjuvant treatment

Neoadjuvant or perioperative treatment is not a standard approach for resectable GIST; however, encouraging outcomes that include high complete resection rates, RFS, OS, and higher rates of organ-preserving surgery suggest a potential clinical benefit in select scenarios.<sup>(39,52,53)</sup>

Currently, the NCCN reserves the neoadjuvant strategy for patients considered "resectable with significant morbidity". In this context, molecular evaluation is also necessary to determine the choice of targeted therapy. Several randomized, phase III studies generally support using 400-600 mg of imatinib. The appropriate duration of neoadjuvant treatment is still unclear. Regarding advanced/metastatic GIST, the median response time in patients with at least a partial response to imatinib in the B2222 trial was 2.7 months, with 75% of patients requiring 5.3 months to confirm an objective response.<sup>(54)</sup> In the neoadjuvant setting, Tirumani et al. described that the best response was

observed around 28 weeks, regardless of tumor size and location, with a response plateau at 34 weeks.<sup>(55)</sup> Therefore, the treatment duration proposed in studies such as RTOG 0132 may have been too short (2-3 months) to reach significant size reductions, so that 6-12 months should be favored when considering a neoadjuvant approach.<sup>(52,53)</sup>

Another point of controversy is the optimal adjuvant treatment in patients undergoing neoadjuvant therapy. Although there is a lack of standardization among studies, there is a tendency to recommend adjuvant treatment in higher-risk patients despite the pathologic response.<sup>(39)</sup> There are no robust scientific data to support adjuvant therapy in cases of complete resection after neoadjuvant avapritinib, larotrectinib, entrectinib, sunitinib, or dabrafenib with trametinib.<sup>(56)</sup> Therefore, more prospective studies are needed to confirm the value of neoadjuvant treatment and the ideal dose and duration of treatment, especially when evaluating different primary sites.

The main limitation in neoadjuvant therapy for GIST is the challenge of accurately assessing response to treatment. Imatinib-induced changes in tumor density may not align with traditional size-based criteria such as RECIST. Integrating technologies such as positron emission tomography-computed tomography with fluorodeoxyglucose (FDG PET-CT) has helped to improve the assessment of post-neoadjuvant response to treatment.<sup>(39)</sup> Due to the high glucose avidity of GISTs, FDG PET-CT is highly sensitive and can detect changes in uptake shortly after the start of treatment, even before any observable reduction in tumor size.<sup>(57)</sup> In addition, FDG-PET-CT, when used early in the neoadjuvant setting, has demonstrated the ability to prompt changes in therapeutic management in 27.1% of GIST patients compared to RECIST criteria, particularly in those without metabolic response and those with non-exon 11 mutations.<sup>(58)</sup>

### Systemic treatment of advanced GIST — incorporating imatinib into clinical practice

Imatinib was approved by the Food and Drug Administration (FDA) in 2002 for use in the advanced scenario based on the B2222 trial, a phase II trial that assessed 147 patients who received either 400 or 600 mg of imatinib. Results showed that approximately 54% of patients experienced a partial response, while 28% had stable disease, and no cases of complete response were observed. There was no difference in results between the two arms in this study. Adverse events reported by participants included edema (74%), nausea (52%), diarrhea (45%), and myalgia (40%). Of note, gastrointestinal or intra-abdominal bleeding occurred in 5% of cases, particularly in patients with a large mass. Nine-year follow-up results from this trial showed similar estimated OS and time to progression.<sup>(59,60)</sup> This trial established the current gold standard of care for GIST in the advanced scenario (Table 3).

**Table 3.** Summary of trials for unresectable or metastatic GISTs.

| First author, study information                   | Clinical phase | Number of patients | Intervention                                       | Previous therapy                    | Results   |
|---|----------------|--------------------|--|-------------------------------------|---|
| Demetri et al., 2006 <sup>(70)</sup>              | III            | 312                | Sunitinib 50 mg/d vs. placebo                      | Imatinib                            | mTTP: 6.3m vs. 1.5m, HR 0.33, $p < .0001$<br>mPFS: 5.5m vs. 1.4m, HR 0.33, $p < .001$<br>mOS: NR. HR 0.49, $p = 0.007$<br>ORR: 7% vs. 0%, $p < 0.006$ |
| Demetri et al., 2013 (GRID) <sup>(71)</sup>       | III            | 199                | Regorafenib 160 mg/d vs. placebo                   | Imatinib and Sunitinib              | mPFS: 4.8m vs. 0.9m, HR 0.27, $p < 0.0001$<br>HR OS: 0.77, $p = 0.199$<br>ORR: 4.5% vs. 1.5%, $p < 0.001$   |
| Blay et al., 2020 (INVICTUS) <sup>(85)</sup>      | III            | 129                | Ripretinib 150 mg/d vs. placebo                    | Imatinib, Sunitinib and Regorafenib | mPFS: 6.3m vs. 1.0m, HR 0.15, $p < 0.0001$<br>mOS: 15.1m vs. 6.6m, HR 0.36<br>ORR: 9% vs. 0%, $p < 0.054$   |
| Mir et al., 2016 (PAZOGIST) <sup>(87)</sup>       | II             | 81                 | Pazopanib 800 mg/d + BSC vs. placebo + BSC         | Imatinib and Sunitinib              | mPFS: 3.4m vs. 2.3m, HR 0.59, $p = 0.03$<br>mOS: 17.8m vs. 12.9m, HR 0.94, $p = 0.69$<br>SD: 84% vs. 71%  |
| Schöffski et al., 2020 (CaboGIST) <sup>(89)</sup> | II             | 50                 | Cabozantinib 60 mg/d                               | Imatinib and Sunitinib              | mPFS: 5.5m (95%IC, 3.6 - 6.9)<br>mOS 18.2m (95%IC, 14.3 - 22.3)<br>ORR: 14%   |
| Park et al., 2012 <sup>(90)</sup>                 | II             | 31                 | Sorafenib 800 mg/d                                 | Imatinib and Sunitinib              | mPFS: 4.9m (IC 95%, 1.3 - 8.5)<br>mOS: 9.7m (IC 95%, 7.2 - 12.2)<br>SD: 52%; PR: 13%  |
| Reichardt et al., 2012 <sup>(94)</sup>            | III            | 248                | Nilotinib 800 mg/d vs. BSC ± Imatinib or Sunitinib | Imatinib and Sunitinib              | mPFS: 109d vs. 111d, HR 0.9, $p = 0.56$<br>mOS: 332d vs. 280d, HR 0.79, $p = 0.29$<br>CBR: 52.7% vs. 44.6%, $p = 0.28$                                |

Abbreviations: BCS = Best support of care; CBR = Clinical benefit rate; HR = Hazard ratio; ORR = Objective response rate; OS = Overall survival; PFS = Progression-free survival; PR = Partial response; SD = Stable disease; TTP = Time to progression; d = Day; m = Months; y = Year.

In the phase III SWOG Intergroup trial S0033, 746 patients with advanced or unresectable GIST were randomized to receive 400 or 800 mg of imatinib daily. A higher dose of imatinib did not improve ORR, PFS or OS and was associated with increased toxicity. This study confirmed the standard daily dose of 400 mg imatinib as the preferred first-line treatment for advanced or unresectable GIST. In this study, 133 patients who experienced disease progression while on 400 mg daily imatinib were subsequently escalated to 800 mg daily; among the patients who were able to evaluate response after crossovers, 31% achieved either a partial response or stable disease.<sup>(61)</sup> Consistent with these findings, additional crossover studies supported the potential extension of imatinib treatment after doubling the dose, contributing to a median PFS of three to five months after initial progression.<sup>(62-64)</sup> A series of 377 patients evaluated the importance of tumor genotype as an independent prognostic factor. They showed that tumors with KIT exon 11 mutations had a dose independent PFS benefit. In contrast, those with KIT exon 9 mutations showed a significant gain in PFS ( $p=0.0013$ ).<sup>(65)</sup> To better understand the influence of GIST genotype on optimal dosage, the "METAGIST" enrolled 1,648 patients with advanced GIST and aimed to identify predictive factors associated with improved PFS when treated with high-dose imatinib. The results showed that mutations in the exon 9 of the KIT gene were the only predictive factor associated with better PFS with high-dose imatinib, with no observed benefit in OS.<sup>(66)</sup> Although these data suggests a potential benefit of dose escalation after progression on imatinib for a specific population, further more robust studies are needed to establish such a practice as a standard in clinical practice.<sup>(60-63,65)</sup>

### Mechanisms of secondary resistance to imatinib and the approach to imatinib-resistant GIST

On average, patients with exon 11 mutations experience disease progression within approximately 23 months, whereas those with exon 9 mutations have a median interval to progression of approximately 13 months.<sup>(68)</sup> In patients with a wild-type genotype (no identified KIT or PDGFRA mutations), disease progression typically occurs within 11 months.

Resistance to first-line therapy in GISTs can occur through various mechanisms, including secondary mutations in c-KIT (exons 13, 14, 17, and 18), RAS, BRAF, activation of alternative signaling pathways, c-KIT amplification, KIT-independent mechanisms of KIT phosphorylation, and efflux pump activity.<sup>(65)</sup> Most GISTs progress after an initial response to imatinib with the acquisition of chromosomal alterations, referred to as secondary resistance. The most common causes of secondary resistance in both KIT-mutant and PDGFRA-mutant GISTs are acquired cis-mutations in either the ATP-binding domain (encoded by exon 13 or 14 of KIT and exon

14 of PDGFRA) or the activation loop (encoded by exon 17 of KIT and exon 18 of PDGFRA). This distinction is crucial because GIST cells with acquired mutations in the ATP-binding domain have different sensitivities to other therapeutic options (e.g., sunitinib, regorafenib, and other TKIs).<sup>(24,69-71)</sup>

In most studies, the frequency of primary mutations in exons 13 and 17 is 1-2%. Evidence regarding the efficacy of imatinib in these cases is still controversial and limited, with anecdotal reports of partial responses contradicted by more robust data describing resistance to imatinib in tumors harboring a secondary mutation in exon 17.<sup>(72,73)</sup> In this scenario, liquid biopsy analysis as the patient progresses may help to detect mutations in ctDNA. However, not all GISTs shed ctDNA that allows for a liquid biopsy approach, and the tumor burden at the time of analysis may interfere with the detection of these mutations.<sup>(24,74)</sup> Several small studies have reported secondary mutations in the kinase domain. The availability and access to sequencing technologies has revolutionized the understanding of GIST and holds promise for increasingly personalized and effective treatments. In a study of 147 patients with GIST who experienced disease progression while on imatinib, samples were analyzed by polymerase chain reaction (PCR) amplification and denaturing high-performance liquid chromatography (D-HPLC). Approximately 22% of the samples harbored one or more secondary mutations that are likely to contribute to imatinib resistance (95% in KIT and 5% in PDGFRA).<sup>(68)</sup> However, these numbers may underestimate the situation as routine resequencing during disease progression is not yet widely implemented in clinical trials. Identifying and understanding secondary mutations and other resistance mechanisms is crucial to develop targeted therapies and overcoming resistance to imatinib in GIST patients. Ongoing research and advancements in sequencing technologies hold great potential for improving the effectiveness of treatments and patient outcomes in the future.

Acquired secondary mutations are more prevalent in tumors with a primary exon 11 mutation and are less common in wild-type genotype GISTs, possibly due to the greater dependence of wild-type genotypes on KIT signaling. These secondary mutations confer resistance to imatinib and are commonly found in the ATP-binding domain (exons 13 and 14) or the KIT activation loop domain (exons 17 and 18).<sup>(68,75)</sup>

Understanding the secondary mutations that confer imatinib resistance is important for prognostic implications and to guide subsequent treatment response. A meta-analysis of 1,083 GIST cases identified a prevalence of secondary mutations in 14% of cases, with 59% occurring in KIT and 3% in PDGFRA. The primary genotypes most prone to secondary mutations after first line imatinib treatment were those with exon 11 mutations (70%) and exon 9 mutations (39%). The most commonly

reported secondary mutations in the KIT gene after treatment with imatinib are exon 17 mutations (55%), followed by exon 13 mutations (38%) and exon 14 mutations (13%). These findings highlight the importance of monitoring for secondary mutations and developing targeted therapies to overcome resistance in GIST patients who experience disease progression during imatinib treatment.<sup>(76)</sup>

BRAF mutations in GISTs occur in approximately 4% of adult KIT/PDGFR $\alpha$  wild-type GISTs and are nearly mutually exclusive.<sup>(77)</sup> Although phenotypically similar to KIT/PDGFR $\alpha$ -positive GISTs, up-to-date data suggest the BRAF V600E mutation in GISTs confers resistance to imatinib and sunitinib.<sup>(78)</sup> The most common molecular alterations in quadruple WT GISTs (those that are KIT/PDGFR $\alpha$ /SDH/RAS-P wild type) are FGFR fusions, mutations, and ligand overexpression.<sup>(79-82)</sup> For this subset of tumors, FGFR-targeting drugs are available in practice as a potential treatment, although there is no trial specifically designed for FGFR-altered GISTs.<sup>(81,82)</sup>

### Subsequent lines of therapy and choices in specific molecular subgroups

#### Second line treatment - Sunitinib

Sunitinib is a small molecule with multiple targets, including KIT, PDGFR $\alpha$ , RET, tyrosine kinase three associated with FMS, and colony stimulating factor 1 receptor (CSF1R), presenting antiangiogenic functionality by inhibiting vascular endothelial growth factor (VEGFR1-3). Validation of the drug as a second-line treatment for advanced GIST after failure or intolerance to imatinib was demonstrated in a phase III study in which 312 patients were randomized to receive 50 mg of sunitinib daily or placebo. The primary outcome of time to tumor progression (TTP) was more than four times superior to placebo at 27.3 weeks versus 6.4 weeks. (HR = 0.33, 95%CI = 0.23 to 0.47;  $p < 0.0001$ ), demonstrating a reduction in the risk of progression in all subgroups (all with HR < 0.5). However, objective responses to second line sunitinib occurred in only 7% of patients (versus 0% in the placebo arm). The incidence of treatment-related toxicities of any grade was 83% and included myelotoxicity, fatigue, diarrhea, skin lesions and nausea. As a result of this randomized trial, sunitinib was approved by the FDA in 2006 for imatinib-refractory patients.<sup>(70)</sup>

Although sunitinib is considered the standard second-line treatment according to current guidelines, limited clinical trials have shown the effectiveness of sunitinib in tumors with secondary KIT mutations occurring in the drug/ATP binding pocket (exon 13 and 14). At the same time, it is ineffective in tumors with localized resistance mutations in the activation loop (exon 17 and 18).<sup>(56,83)</sup> According to genotype, this sensitivity profile has implications for clinical outcomes, as patients with a primary mutation in KIT exon 9 or wild-type exhibit superior clinical benefits compared to

those with KIT exon 11 mutations (58% vs. 56% vs. 34%, respectively). Additionally, patients with secondary KIT exon 13 or 14 mutations demonstrated superiority in PFS compared to patients with exon 17 or 18 mutations (7.8 vs. 2.3 months, respectively;  $p = .0157$ ).<sup>(75)</sup>

#### Third line treatment - Regorafenib

Regorafenib, a multikinase inhibitor that primarily targets KIT, PDGFR and VEGFR, was evaluated in the phase III GRID trial, the first clinical trial to demonstrate clinical benefit with a TKI in the post-imatinib and post-sunitinib setting. Regorafenib was compared to placebo, and resulted in a significant improvement in PFS (median PFS 4.8 months versus 0.9 months, respectively [HR = 0.27, 95%CI = 0.19 to 0.39;  $p < .0001$ ]), regardless of KIT exon 9 and 11 mutations. However, there was no evidence of an improvement in OS, possibly due to a high crossover rate in the placebo arm.<sup>(71)</sup> A recent retrospective exploratory analysis of the GRID trial aimed to identify potential associations between the mutational profile and regorafenib efficacy in the advanced setting, but did not identify a significant difference in PFS.<sup>(71,84)</sup>

#### Fourth line treatment - Ripretinib

The INVICTUS trial compared ripretinib, a switch-control TKI, to placebo for patients with GIST who progressed on imatinib, sunitinib, and regorafenib. Ripretinib demonstrated a significant improvement in PFS compared to placebo with 6.3 months versus 1 month, respectively (HR = 0.15, 95%CI = 0.09 to 0.25;  $p < 0.0001$ ) and had a favorable safety profile, leading to regulatory approvals as a fourth line therapy. Grade 3 or 4 adverse events with ripretinib included increased lipase levels (5%), as well as arterial hypertension (4%), and fatigue (2%). Further analysis also showed an improvement in quality of life.<sup>(85)</sup>

Based on these encouraging results, the INTRIGUE trial evaluated ripretinib as a second-line therapy and directly compared it with sunitinib. Although ripretinib showed a numerical improvement in the primary outcome of PFS, the difference was not statistically significant at 8.3 months versus 7 months, respectively (HR = 0.88; 95%CI = 0.66 to 1.16;  $p = 0.36$ ). However, ripretinib resulted in greater clinical benefit in patients with KIT exon 11 and secondary exon 17/18 (activation loop) mutations, whereas those with secondary exon 13/14 (ATP-binding pocket) mutations had greater benefit from sunitinib.<sup>(86)</sup>

#### Subsequent line treatments - Pazopanib, cabozantinib, sorafenib, nilotinib, and others

There is currently no standardized approach to TKI selection in subsequent lines of GIST therapy. Retrospective studies, case series, or phase II clinical trials are the basis for most indications, showing limited clinical benefit in managing toxicity in patients with compromised clinical performance.

One TKI being evaluated in the advanced scenario is pazopanib, a multitarget inhibitor of KIT, VEGFR1-3, and PDGFR A-B. The phase II PAZOGIST trial compared pazopanib with best supportive care in 81 patients previously treated with imatinib and sunitinib. The intervention group demonstrated a longer PFS than the control group (3.4 months versus 2.3 months,  $p=0.03$ ). However, the use of pazopanib was associated with considerable grade 3/4 adverse effects (72%), including systemic arterial hypertension (38%) and pulmonary embolism (13%).<sup>(87)</sup> Another study, the PAGIST trial, evaluated the use of pazopanib specifically after imatinib and sunitinib treatment. In contrast to PAZOGIST, PAGIST only included patients with grade 0/1 adverse events and did not allow inclusion based on disease progression alone. The study showed a disease control rate of 44% at 12 weeks and a median PFS of 19.6 weeks.<sup>(88)</sup> Although molecular analysis of primary and secondary mutations was performed in the PAGIST trial, subgroup analyses did not show a significant difference in outcome based on the mutational profile of the patients. Overall, pazopanib has shown some benefit in disease control and PFS in subsequent lines of treatment for GIST, but its use is associated with notable adverse effects.<sup>(87,88)</sup> Further research is needed to better understand the optimal sequencing and selection of TKIs in this setting.

Other treatment options for GISTs in later lines include cabozantinib (CABOGIST trial).<sup>(94)</sup> However, these alternatives have demonstrated limited efficacy and toxicity, such as a median PFS of 5.5 months, but with notable side effects, including significant diarrhea (74%), hand-foot syndrome (58%), fatigue (46%), and hypertension (46%).<sup>(89)</sup>

Sorafenib, a multikinase inhibitor targeting KIT, VEGFR, PDGFR- $\beta$ , and BRAF kinase, has gained a place in the treatment of advanced GIST, primarily in tumors resistant to imatinib and sunitinib that harbor localized resistance mutations in the activation loop (exons 17 and 18). A phase II study by the University of Chicago Consortium evaluated sorafenib in 38 imatinib- and sunitinib-resistant patients. It achieved a disease control rate (DCR) of 68% and a PFS of 5.2 months at the expense of some grade 3/4 adverse events such as hand-foot syndrome (45%), hypertension (21%) and diarrhea (8%). Data were similar to other cohorts, such as a Korean phase II study that found a DCR of 36% at 24 weeks and PFS of 4.9 months in 31 patients who failed two or more prior TKI, being significantly shorter in patients with primary genotypes other than KIT exon 11 mutation and with previous use of nilotinib.<sup>(90,91)</sup> In vitro studies suggest the loss of efficacy of sorafenib when evaluated in samples with a mutation at KIT codon D816 and PDGFRA codon 842.<sup>(92)</sup>

To identify potential biomarkers predictive of response to sorafenib, three patients with a primary mutation in exon 11 of KIT who had developed resistance to imatinib, sunitinib and regorafenib were treated in a case series. The author showed

that the patient with a secondary mutation in BRAF V600E had a better PFS with regorafenib and a worse PFS with sorafenib.<sup>(93)</sup>

Nilotinib, another selective TKI, acts by inhibiting the tyrosine kinase activity of ABL1/BCR-ABL1 and KIT as well as PDGFRs and the discoidin domain receptor. Some trials evaluating this drug as a third-line or subsequent treatment option have yielded discouraging results, with a DCR of 37% and no superiority in PFS over best supportive care.<sup>(91,94)</sup> To understand the sensitivity profile of imatinib-resistant tumors with secondary KIT exon 17 mutations, Hsueh et al. performed in vitro evaluations with various TKIs. Imatinib-resistant tumors exhibited levels of activated KIT similar to or higher than those found in untreated GISTs. Sorafenib and nilotinib showed greater efficacy in inhibiting tumor progression in this genotype, while imatinib, sunitinib, and dasatinib showed less encouraging results.<sup>(95)</sup> This is because the point mutation in exon 17 causes conformational changes in KIT, resulting in a hyperactivated form to which sorafenib and nilotinib can bind more effectively than imatinib and sunitinib.<sup>(95,96)</sup> The phase III ENESTg1 trial was designed to compare the efficacy of nilotinib with first-line imatinib in 643 patients diagnosed with metastatic or unresectable GIST without preselection based on molecular subtype. A secondary analysis of this trial also showed a worse PFS in patients who received nilotinib with a primary mutation in exon 9. The trial was stopped early due to exceeding the predefined futility threshold.<sup>(97)</sup>

Regarding the SDH-mutant GIST population, a post hoc analysis of the S0033 trial, incorporating tumor DNA sequencing, revealed that 12 out of 20 cases with KIT/PDGFR wt had mutated pathways in SDH. Additionally, this analysis identified a response rate of 8% with imatinib use in this population. This rate is significantly lower than the response rate observed in patients with KIT exon 11-mutant tumors, who exhibited a response rate of approximately 66% ( $p < .001$ ).<sup>(98)</sup> Conversely, GISTs with SDH deficiency show better response rates in the presence of VEGFR2 inhibitors such as sunitinib, regorafenib, or IGF1R inhibitors like linsitinib.<sup>(68,99,100)</sup>

## Perspectives and future directions

### Liquid biopsy

Analysis of tumor DNA identified by ctDNA is of great interest in the management of GIST in various scenarios, such as early detection of relapse, evaluation of treatment response, and identification of new secondary mutations that may confer resistance to ongoing treatment.

Prior to initiating regorafenib in the GRID trial, investigators performed ctDNA analysis using the SafeSEQ technique. It showed that although there could be a potential association between high ctDNA levels and increased tumor burden, researchers did

not observe a statistically significant association between baseline ctDNA levels and survival data. The timing of the biopsy, performed prior to regorafenib treatment, may have influenced this analysis. These findings highlight the impact that new sequencing methods may have on the management of GIST.<sup>(71,84)</sup>

Researchers performed a liquid biopsy, analyzing 29 genes in a sample of 46 patients during treatment for GIST at various stages. Of the ten patients who showed disease progression, seven had mutations detected in ctDNA at the time of measurable metastatic disease progression. These mutations were no longer detectable after clinical response to a new line of therapy. However, the authors emphasize that not all GISTs release ctDNA for mutation detection and that tumor burden during analysis may interfere with the detection of these mutations.<sup>(74)</sup> In another prospective study, 25 patients with active disease were evaluated to determine whether the identification of cKIT and PDGFRA mutations in ctDNA was indicative of disease activity. The results showed a correlation between the absolute number of ctDNA fragments and tumor size, as well as the mutant allele frequency of ctDNA. The sensitivity and specificity of ctDNA for detecting disease progression were 79% and 55%, respectively.<sup>(101)</sup> Further prospective studies are needed to validate the use of ctDNA in the management of GIST.

### Expanded genetic testing and new drivers

Another critical issue is the evaluation of germline alterations in GIST patients without known hereditary syndromes. By expanding genetic testing to 106 GIST samples, approximately 23% had pathogenic/likely pathogenic germline variants in genes associated with GIST and 8% had variants in other cancer susceptibility genes. The researchers identified GIST-associated gene variants (SDHA, SDHB, SDHC, NF1, KIT) in 69% of patients with KIT/PDGFR wild-type GISTs, 63% of whom had no personal or family history of syndromic features. These findings underscore the importance of comprehensive genetic screening in GIST patients, even in the absence of syndromic features, which may have significant implications for diagnosis, prognosis, and potential personalized therapeutic interventions. Therefore, consideration of expanded genetic testing may be beneficial in optimizing patient management and tailored treatment approaches for GIST.<sup>(102)</sup>

Advances in DNA and RNA sequencing methods have revealed novel, potentially actionable drivers in GIST. These discoveries include mutations in PIK3CA, overexpression of FGF4, and gene fusion proteins involving NTRK3 (ETV6-NTRK3) or FGFR1 (FGFR1-TACC1).<sup>(103-105)</sup>

### CONCLUSIONS

As the complexity of GIST treatment evolves because of an increasing number of agents, fortunately leading to improved outcomes, the

incorporation of tools to better characterize the molecular basis of this disease offers a promising opportunity for rational treatment decisions. Such molecular insights promise to further revolutionize GIST treatment strategies, ultimately improving patient outcomes and paving the way for more personalized and effective therapeutic interventions.

### AUTHORS' CONTRIBUTIONS

- |       |  |
|-------|--|
| NFLJ  | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| MMQ   | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| JSLF  | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| DSRLJ | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| EFC   | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| BMA   | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| LGCAL | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| FT    | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| FOF   | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |
| EHA   | Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient. |

- FCC Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient.
- RRM Collection and assembly of data, Conception and design, Data analysis and interpretation, Final approval of manuscript, Manuscript writing, Provision of study materials or patient.

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## Supplementary material

**Table S1.** Correlation of imatinib dose, GIST genotype, and outcomes.<sup>(67)</sup>

| Genotype    | Imatinib dose | No. of patients | Median TTP (months) | Median OS (months) |
|-------------|---------------|-----------------|---------------------|--------------------|
| KIT exon 9  | 400 mg        | 14              | 9.4                 | 38.6               |
|             | 800 mg        | 18              | 18                  | 38.4               |
| KIT exon 11 | 400 mg        | 141             | 27.2                | 60.0               |
|             | 800 mg        | 142             | 23.9                | NR                 |
| Wild type   | 400 mg        | 43              | 15.6                | 49.0               |
|             | 800 mg        | 24              | 9.8                 | 39.5               |

Adapted from: Heinrich et al. (2008).<sup>(67)</sup>

Abbreviations: TTP = Time to progression; OS = Overall survival; NR = Not reached; WT = Wild type.